

## **Websites for Seniors**

How do I afford retirement and where can I go to find information on Medicare? If you need answers to these questions, here are some websites recommended by our library staff for you!

- AARP is a non-profit organization dedicated to enhancing the quality of life for seniors. http://www.aarp.org/
- 2. Senior Living is an on-line guide to senior living and retirement.

  http://www.seniorliving.org/leisure/top-senior-websites/
- Seniors Guide to Computers offers lessons on computer usage and the latest on security.
   <a href="http://www.seniorsguidetocomputers.com/">http://www.seniorsguidetocomputers.com/</a>
- National Institute of Health's website for seniors offers the latest in resources on health and aging. http://nihseniorhealth.gov/
- 5. The official US government site on Medicare.

http://www.medicare.gov/

- Montgomery County Pennsylvania's web site for Aging and Adult Services
   <a href="http://www.montcopa.org/index.aspx?nid=148">http://www.montcopa.org/index.aspx?nid=148</a>
- Suddenly Senior offers information and entertainment for senior citizens.
   <a href="http://www.suddenlysenior.com/">http://www.suddenlysenior.com/</a>
- Senior.com is the resource for information, products, and services for seniors http://senior.com/
- 9. Savvy Senior provides web resources for seniors.

http://savvysenior.org/seniorresources.htm

10. The Administration on Aging is designed to provide services to seniors.

http://www.aoa.gov/

11. The Senior Adult Activities Center (S.A.A.C.) of Montgomery County provides programs to help seniors maintain an independent lifestyle.

http://montcosaac.com/

12. The official website for the US Social Security.

http://www.socialsecurity.gov/

13. Sharp Senior is a website that has compiled a list of senior housing options to fit the financial and living needs of seniors.

http://www.sharpseniors.com/blog/

14. The Alzheimer's Prevention and Research website provides the latest research and treatments for Alzheimer's disease.

http://www.alzheimersprevention.org/

15. The Boomer Grandparents enables seniors to keep long distance relationships with their grandchildren.

http://boomergrandparents.com/

16. Baby Boomers Traveling website provides tips and ways to make traveling easier for seniors.

http://www.babyboomerstraveling.com/

17. Growing Bolder provides news and information as well as current topics for seniors.

http://growingbolder.com/

18. Sciddy provides discounts for seniors in their area.

http://www.sciddy.com/

19. Sixty and Me website provides information and articles for seniors.

http://sixtyandme.com/

20. Caregiver.org was designed to give senior caregivers gives a voice and addresses the needs of caregivers and the seniors they care for.

https://caregiver.org/

21. CNN provides information on financial needs and retirement for seniors.

http://money.cnn.com/retirement/